



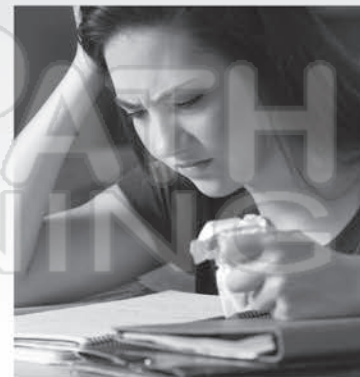
Name _____ Class _____ Date _____

Bullying can affect everyone—those who **are bullied**, those **who bully**, and those who **witness bullying**. Bullying is linked to many negative outcomes including impacts on **mental health**, **substance abuse** and **suicide**.

Kids Who are Bullied

Kids who **are bullied** can experience **negative physical**, **school**, and **mental health** issues. Kids who are bullied are more likely to experience:

- *Depression and anxiety*
- *Increased feelings of sadness and loneliness*
- *Changes in sleep and eating patterns,*
- *Loss of interest in activities they used to enjoy*
- *Health complaints*
- *Decreased academic achievement*



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- *Have increased mental health problems*
- *Miss or skip school*



The Relationship between Bullying & Suicide

Media reports often link bullying with suicide. However, most youth who are bullied do not have thoughts of suicide or engage in suicidal behaviors. *Although kids who are bullied are at risk of suicide, bullying alone is not the cause.*



Name _____ Class _____ Date _____

Kids Who are Bullied

Kids who **are bullied** are more likely to experience:

- _____
- _____
- _____
- _____
- _____



Kids Who Bully Others



PREVIEW

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- _____
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Is there a **relationship** between bullying & suicide? _____

