



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

## Smoked Tobacco Products

People can smoke, chew, or sniff tobacco. **Smoked tobacco products** include cigarettes, cigars, bidis, and kreteks.



**Cigars**—are rolls of shredded tobacco wrapped in **leaf tobacco** or in a substance that contains tobacco.

**Bidis**—are small, thin, hand-rolled cigarettes imported from India and other Southeast Asian countries.

**Kreteks**—sometimes called **clove**



## PREVIEW

Please [Sign In](#) or [Sign Up](#) to download the printable version of this worksheet

alternative to cigarettes.

- Smoke from a **bidi** contains **3-5X** the amount of nicotine as a regular cigarette so users are at a high risk for **nicotine addiction, cancers, heart disease and lung disease**.
- **Kretek** smoking is associated with an increased risk for **acute lung injury** (including a decreased ability to absorb oxygen, fluid in the lungs, and inflammation), especially among individuals with asthma or respiratory infections.



*Smoking effects all organs in the body. It can lead to diseases like lung cancer.*



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

## Smoked Tobacco Products



\_\_\_\_\_

Describe the following:

*Cigarettes* \_\_\_\_\_

*Cigars* \_\_\_\_\_

**PREVIEW**

Please [Sign In](#) or [Sign Up](#) to download the printable version of this worksheet

