



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

**Handwashing is one of the best ways to protect yourself and your family from getting sick.**



## PREVIEW

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- Before preparing or eating food
- Before and after treating a cut or wound
- After using the toilet
- After blowing your nose, coughing, or sneezing
- After touching an animal, animal food, or animal waste
- After touching garbage

*During the COVID-19 pandemic, you should also clean hands:*

- After you have been in a public place and touched an item or surface that may be frequently touched by other people, such as door handles, shopping carts, electronic screens, etc.
- Before touching your eyes, nose, or mouth because that's how germs enter our bodies.



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## PREVIEW

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*During the COVID-19 pandemic, you should also clean hands:*

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