



Name _____ Class _____ Date _____

Use a clock, sand, water or rocker timers to find out how many of these activities you can do in one minute.

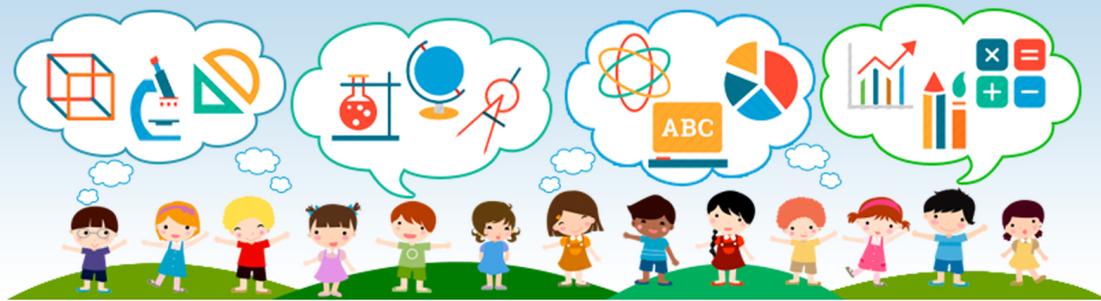
YOU NEED:

- ☆ 1 minute timer
- ☆ balls
- ☆ coins
- ☆ a friend
- ☆ blocks
- ☆ a school bag

In one minute, how many times can we...		
	Me	My friend
bounce a ball		
say the alphabet		
join and undo 10 blocks		
unpack and pack your bag		
trace around a coin		
write your name		



Which person was faster at doing each activity? Color the



PREVIEW

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Why does it move so quickly? _____

What is the name of the other hand? _____

What does it measure? _____



Color activities that take seconds to do **red**, minutes **green** and hours **purple**.

- | | | | |
|-------------------|------------------|----------------------|------------------|
| Eat dinner | Write your name | Learn to ride a bike | Yawn |
| Read a short book | Brush your teeth | Read a long book | Roll a dice |
| Climb a mountain | Blow a bubble | Make popcorn | Unwrap a present |
| Have a shower | Travel to Japan | Blow your nose | Run a race |



ANSWER KEY

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say the alphabet		
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PREVIEW

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YOU NEED:
clock with hands



Why does it move so quickly? _____
Because it makes 1 rotation each minute.

What is the name of the other hand? _____
The minute hand.

What does it measure? _____
The minutes passed.

Color activities that take seconds to do red, minutes green and hours purple.

- | | | | |
|-------------------|------------------|----------------------|------------------|
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| Climb a mountain | Blow a bubble | Make popcorn | Unwrap a present |
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