



Name _____ Class _____ Date _____

The Basics of HIV Prevention

HIV is spread only in **certain body fluids** including blood, semen, vaginal fluids, and breast milk. In the United States, HIV is spread mainly by having sex or sharing injection drug equipment, such as needles, with someone who has HIV.



Is there a vaccine against HIV?

Currently, **no preventive HIV vaccines have been approved** by the Food and Drug Administration (FDA), but research is under way. A person must be enrolled in a **clinical trial** to receive a preventive HIV vaccine.



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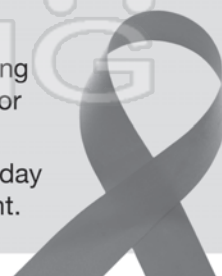


transmitting it to others. The most important is taking **HIV medicine** (called antiretroviral therapy, or **ART**) as prescribed. If you take HIV medicine as prescribed and get and keep an **undetectable viral load**, you can stay healthy and have effectively no risk of transmitting HIV to an HIV-negative sex partner.

World AIDS Day

World AIDS Day was initiated on **December 1, 1988**. It is an international day dedicated to raising awareness of AIDS, caused by the spread of HIV around the world. It is also a day of mourning for those who have died of the disease.

National HIV Testing Day was first observed on **June 27, 1995** in the United States. NHTD is a day to encourage people to get tested for HIV, know their status, and get linked to care and treatment.





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Is there a vaccine against HIV?

How can I reduce my risk of getting HIV?



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World AIDS Day

