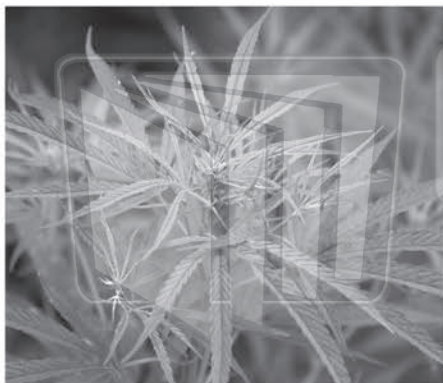




Name _____ Class _____ Date _____

What is Marijuana?

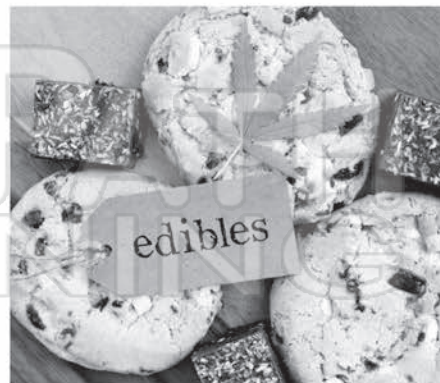
Marijuana is a green, brown, or gray mixture of dried, shredded leaves, stems, seeds and flowers of the **hemp**, or **cannabis plant**. It goes by many different names—*pot*, *herb*, *weed*, *grass*, *reefer*—and stronger forms include *sinsemilla* (sin-seh-me-yah), *hashish* (“hash” for short), and *hash oil*. Users can smoke marijuana, put it into tea, or cook it into food.



cannabis plant



marijuana oil & dried forms



marijuana baked goods



PREVIEW

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Long Term Effects

- **Increased heart rate.** When someone uses marijuana, their heart rate (normally 70 to 80 beats per minute) may increase or even double. This increases the risk of a heart attack.
- **Respiratory (lung and breathing) problems.** Smoke from marijuana irritates the lungs, and can cause a chronic cough—effects similar to those from regular cigarettes. Many people who smoke marijuana also smoke cigarettes, which cause cancer—and smoking marijuana can make it harder to quit cigarette smoking.
- **Increased risk for mental health problems.** Marijuana use has been linked with **depression and anxiety**, as well as suicidal thoughts among teens.





Name _____ Class _____ Date _____

What is Marijuana?



How does marijuana work?



PREVIEW

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Long Term Effects of Using Marijuana

- Heart Rate: _____
- Lungs: _____
- Mental Health: _____