



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

## Why do young people use marijuana?

Young people start using marijuana for many reasons. **Curiosity**, **peer pressure**, and the **desire to fit in** with friends are common ones.

For some, drug use begins as a means of **coping** with anxiety, anger, depression, or boredom. But, in fact, being high can be a way of simply avoiding the problems and challenges of growing up. Research also suggests that family members' use of alcohol and drugs plays a strong role in whether a young person starts using drugs. Indeed, **all aspects of a teen's environment**—home, school, and community—can influence if he or she will try drugs.



Rese:  
don't  
to try



## PREVIEW

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### What if a person wants to quit using marijuana?

Researchers are testing different ways to help marijuana users stay off the drug, including some medications. Current treatment programs focus on **counseling** and **group support** systems. There are a number of programs designed especially to help teenagers.





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