



Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

Underage drinking is dangerous, not only for the drinker but also for society, as evident by the number of alcohol-involved motor vehicle crashes, homicides, suicides, and other injuries.

People who begin drinking at an early age run the risk of developing serious alcohol problems, including **alcoholism**, later in life.

*Identifying adolescents at greatest risk can help stop problems before they develop.*



## Warning Signs

Although the following signs may indicate a problem with alcohol or other drugs, some also reflect normal teenage growing pains. A drinking problem is *more likely* if you notice **several** of these signs at the same time, if they occur suddenly, and if they are extreme in nature.

- **Mood changes:** flare-ups of temper, irritability, defensiveness.
- **School problems:** poor attendance, low grades, recent disciplinary action.
- **Rebelling against family rules**
- A “nothing matters” attitude: sloppy appearance, a lack of involvement in



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- **Zero-tolerance Laws**—make it illegal for people under age 21 to drive after any drinking.
- **Stepping up Enforcement of Laws**—for drinking age, zero-tolerance & selling alcohol to minors.

**Family-Based Prevention Programs**—parents' setting clear rules against drinking, consistently enforcing those rules, and monitoring behavior.





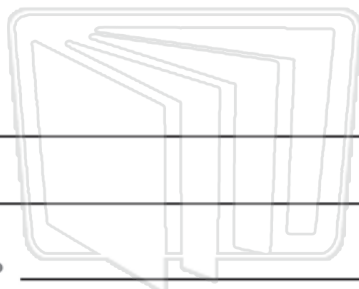
Name \_\_\_\_\_ Class \_\_\_\_\_ Date \_\_\_\_\_

## Adverse Consequences of Underage Drinking

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### Warning Signs



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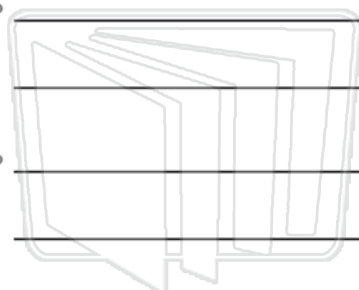
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