



Name _____ Class _____ Date _____

Cyberbullying is bullying that takes place over digital platforms and includes sending, posting, or sharing negative, harmful, false, or mean content about someone else. It can include sharing personal or private information about someone else causing embarrassment or humiliation. Some cyberbullying crosses the line into unlawful or criminal behavior.

The most common places where cyberbullying occurs are:

- Social Media (Facebook, Instagram, Snapchat & Twitter)
- Text Message
- Email



Special Concerns

The content an individual shares online creates a kind of **permanent public record**. This public record can be thought of as an **online reputation**, which may be accessible to schools, employers and colleges now or in the future. Cyberbullying can harm the online reputations of not just the person being bullied, but those doing the bullying or participating in it.



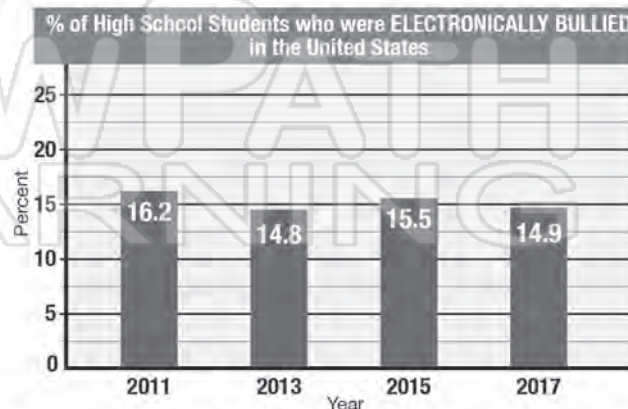
PREVIEW

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Frequency of Cyberbullying

A recent survey by the **National Center for Education Statistics and Bureau of Justice** found that, among students **ages 12-18** who reported being bullied at school during the school year, **15% were bullied online** or by **text**.

A recent survey by the **Centers for Disease Control and Prevention** found that an estimated **14.9% of high school students** were **electronically bullied** in the 12 months prior to the survey.

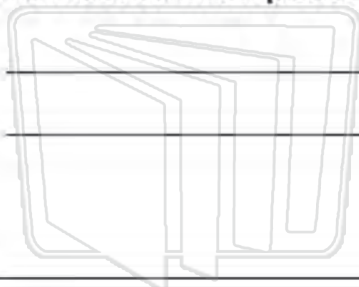




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Cyberbullying is _____

The most common places where cyberbullying occurs are:



Special Concerns

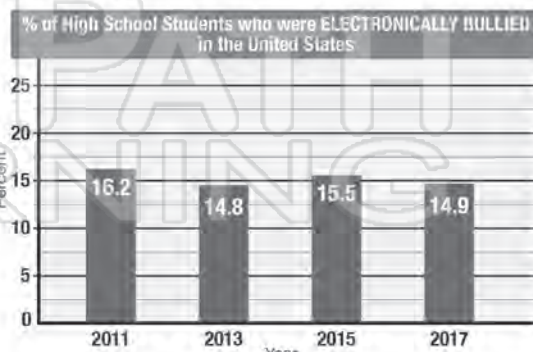


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Frequency of Cyberbullying

What did you learn from this survey?



Centers for Disease Control and Prevention Youth Risk Behavior Survey



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Be More than a Bystander to Cyberbullying

If you are **witnessing cyberbullying**, there are things that you can do - and not do. Such as:



- **Do not participate.**
Do not "like," share or comment on information that has been posted about someone, and do not forward a hurtful text to others.
- **Do not retaliate or respond negatively.**
If you must respond, provide a calm, clear, and constructive response. Angry and aggressive reactions can make a bad situation worse.



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- **Educate** about the harmful effects of cyber bullying, including potential legal issues
- **Be clear** about what content can be viewed or shared
- **Identify** which apps are appropriate for your child's use and which are not
- **Establish** rules about the amount of time that a child can spend online or on their devices.
- **Model** positive, respectful digital behavior on your own devices and accounts

