



Name _____ Class _____ Date _____

Tobacco is a **plant** grown for its leaves, which are dried and fermented before being put in tobacco products. Tobacco contains **nicotine**, an ingredient that can lead to **addiction**, which is why so many people find it difficult to quit smoking. There are also many other potentially **harmful chemicals** found in tobacco. Some harmful chemicals are also created by burning tobacco.



How do people use tobacco?

People use tobacco in many ways. Some people smoke tobacco. Some people use tobacco products like cigarettes, cigars, and pipes.



PREVIEW

Please [Sign In](#) or [Sign Up](#) to download the printable version of this worksheet

- Tobacco smoking can lead to **lung cancer**, **chronic bronchitis**, and **emphysema**. It increases the risk of heart disease, which can lead to stroke or heart attack.

E-cigarettes

Electronic cigarettes, also known as e-cigarettes or e-vaporizers, are **battery-operated devices** that deliver **nicotine** with flavorings and other chemicals to the lungs in **vapor** instead of smoke. E-cigarette companies often advertise them as safer than traditional cigarettes because they don't burn **tobacco**. But researchers actually know little about the health risks of using these devices.





Name _____ Class _____ Date _____

What is Tobacco? _____

How do people use tobacco? _____



PREVIEW

Please [Sign In](#) or [Sign Up](#) to download the printable version of this worksheet

What are E-cigarettes? _____

